头条

低龄化严重 超半数儿童青少年近视

据新华社电 6月6日是第27个“全国爱眼日”。专家建议,确保对儿童近视早发现早干预,提升家长和学生近视防控意识,制定近视诊断和防控标准。

近些年,我国多部门采取措施遏制儿童青少年近视蔓延势头,虽取得一定成效但仍然面临较大的反弹压力。

国家卫健委于2021年7月3日公布的数据显示,2020年我国儿童青少年总体近视率为52.7%,而这一数字在2019年为50.2%。这意味着2020年比2019年有所反弹,上升了2.5个百分点。

记者采访了解到,对于疫情期间中小学生普遍上网课,眼科专家纷纷表示担忧。儿童过多使用电子产品会导致更高的近视发生率,而长时间居家也减少了孩子的户外活动时间,这都不利于视力健康。

此外,课业压力仍然较大。专家说,“双减”如果落实执行到位,学生花在功课上的时间变少,用于户外运动的时间增多,这对视力健康是有帮助的。然而,相关政策执行起来仍有实际困难。有些家长认为运动与学习是矛盾的,运动影响学习;有些学校的场地有限,也会制约孩子户外运动。

受访专家提示,近视具有遗传的易感性,这已经被多项研究所证实。父母患有近视的,孩子患近视的风险相应增大。

家长的配合至关重要,但多名医生表示,不少家长对近视防控知识缺乏,甚至听信一些非正规机构的偏方,反而错失孩子治疗时机。专家称,家长有必要为学生建立眼健康档案,定期监控近视的发展速度。家长也应征询正规医疗机构医生意见,选择合适的治疗手段。

多名医生表示,从实践中发现,不同医疗机构对儿童近视的处理标准不一,质量参差不齐。建议发挥行业组织等力量,形成专家共识,为不同医疗机构提供更科学的应对指导。

图像

北京进一步分区分级动态实施社会面防控措施

6月6日在北京世纪金源购物中心一家餐厅拍摄的温馨提示。

自6月6日起,除丰台区全域及昌平区部分区域外,全市其他地区进一步分区分级动态实施社会面防控措施。其中,进入公共场所核酸阴性证明时限要求由48小时调整为72小时。

新华社发

教育

上海高二高三学生重启校园生活

据新华社电 6月6日,上海高二、高三年级学生率先返校复学,安静已久的校园重新热闹起来。

根据疫情防控要求,学生们需采取步行、骑行或乘坐私人交通工具的方式返校复学,尽量保持“两点一线”。记者看到,高峰时段,多名交警负责引导家长将车辆停靠在临时设置的区域,确保“即停即走”,避免校门口发生拥堵。

目前,上海市、区两级教育、疾控部门已建立中小学校园疫情应急处置机制,各区将根据返校师生人数,按一定比例储备条件较好的宾馆作为专用密接隔离房源,以便在发生情况时可以最快速度完成转运隔离。各区将支持学校按照不少于到校师生员工1个月的用量来储备相关防疫物资。

受疫情影响,上海今年秋季高考统考延期至7月7日至9日举行。

据了解,为了让学生安心迎考,不少学校进一步发挥“全员导师制”作用,制定个性化复习计划及心理疏导方案,加强对学生学习与生活的关心关爱。

上海市教委此前发出通知,不对高三、高二和初三同学返校复学做强制要求,考生和考生家长可选择返校复学,也可选择居家线上复习。

广告

公 告

声明以下《保险销售从业人员执业证》的号码作废:

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中国平安人寿保险股份有限公司广东分公司
二零二二年六月七日